

MUSIC

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music, Saturday at 9 p.m.). 653 Cannery Row, (831) 373-1353.

Courtside Bistro at Chamisal Tennis and Fitness Club in Corral de Tierra — **Kiki Wow** and **Guitar Bob** (classic rock, Friday at 6 p.m.). 185 Robley Road, (831) 484-6000.

Folktale Winery in Carmel Valley — **Fergus** (rock, Saturday at 4:30 p.m.); and singer and guitarist **Rick Chelew** (Sunday at 4:30 p.m.). 8940 Carmel Valley Road, (831) 293-7500.

The Fuse Lounge at Carmel Mission Inn — **The Cover Brothers** (pop and rock, Saturday at 9 p.m.). 3665 Rio Road, (831) 624-6630.

Hidden Valley Music Seminars in Carmel Valley — **Cafe Musique** (“Gypsy folk,” Monday at 7:30 p.m.). 104 W. Carmel Valley Road, (831) 659-3115.

Hyatt Carmel Highlands — singer **Neal Banks** and guitarist **Steve Ezzo** (pop and rock, Friday at 7 p.m.); and singer and pianist **Dino Vera** (jazz, blues and r&b, Saturday at 7 p.m. and Thursday at 6 p.m.). 120 Highlands Drive, (831) 620-1234.

Hyatt Regency Monterey Hotel and Spa in Monterey — **The David Morwood Jazz Band** with trumpeter **Akili Bradley** and saxophonist **Marina Panzetta** (jazz, Friday at 7 p.m.); and singer and keyboardist **Scotty Wright** and friends (Saturday at 7 p.m.). 1 Old Golf Course Road, (831) 372-1234.

The Inn at Spanish Bay in Pebble Beach — **The Jazz Trio** featuring pianists **Bob Phillips** or **Bill Spencer** (jazz, in the lobby, Friday at 7 p.m.); **The Jazz Trio** featuring pianists **Bob Phillips** or **Bill Spencer** (jazz, in the lobby, Saturday at 7 p.m.); singer-songwriter **Bryan Diamond** (in **The Traps Lounge**, Friday and Saturday at 9 p.m.); and **The Dottie Dodgion Trio** (jazz, Thursday at 7 p.m.); also, a bagpiper plays every evening. 2700 17 Mile Drive, (831) 647-7500.

Julia's restaurant in Pacific Grove — singer-songwriter

Vincent Randazzo (Monday at 7 p.m.); singer and guitarist **Rick Chelew** (Tuesday at 7 p.m.); mandolinist **Dave Holodiloff** (“bluegrass and beyond,” Wednesday at 6 p.m.); and singer-songwriter **Buddy Comfort** (Thursday at 7 p.m.). 1180 Forest Ave., (831) 656-9533.

Lucia Restaurant + Bar at Bernardus Lodge in Carmel Valley — pianist **Martin Headman** (jazz, Friday and Saturday at 7 p.m.). 415 Carmel Valley Road, (831) 658-3400.

Mission Ranch — singer and pianist **Maddalene Edstrom** with (jazz and pop, Friday, Saturday and Sunday at 7 p.m.); and pianist **Gennady Loktionov** (jazz, Monday through Thursday at 7 p.m.). 26270 Dolores St., (831) 625-9040.

The Monterey Peninsula College Hall in Monterey — **The Monterey Peninsula College Orchestra** performs a free concert (classical, Friday at 7:30 p.m.). 980 Fremont St.

The Pacific Grove Art Center — Open Mic Night (Friday at 7 p.m.). 568 Lighthouse Ave., (831) 375-2208.

The Performing Arts Center of Pacific Grove — **The Pacific Grove Pops Orchestra** presents a free concert (classical and pop, Saturday at 2 p.m.). 835 Forest Ave. 568 Lighthouse Ave., (831)

Pierce Ranch Vineyards Tasting Room in Monterey — **The Billy Jones Trio** (jazz, Thursday at 8 p.m.). 499 Wave St., (831) 372-8900.

Terry's Lounge at Cypress Inn — singer-songwriter **Johan Sotelo** (Friday at 7 p.m.); pianist **Gennady Loktionov** and singer **Debbie Davis** (Saturday at 7 p.m.); **Andrea's Fault** (jazz and blues, Sunday at 11 a.m.); guitarist **Richard Devinck** (classical, Sunday at 5 p.m.); and singer **Lee Durlay** and pianist **Joe Indence** (jazz, Thursday at 6 p.m.). Lincoln and Seventh, (831) 624-3871.

The Trailside Cafe in Carmel Valley — singer and guitarist **Rick Chelew** (Friday at 6 p.m.). 3 Del Fino Place, (831) 298-7453.

Wave Street Studios in Monterey — **The Dave Holodiloff Octet** (“from jazz to bluegrass, and baroque to funk,” Friday at 8 p.m.). 774 Wave Street Studios, (831) 655-2010.

THERAPIST

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Herman with creating a friendship between her two Rhodesian Ridgebacks that didn't exist before.

“Since working with Adrienne, Pendo and Tamu have learned how to communicate better with each other, and they've become best friends,” Blankenberg said. “Even my husband, who was skeptical, credits Adrienne with these big changes. I've gained a better understanding of their emotional needs as well.”

Barbara Neil brought her rescue dog, an 8-year-old Cavalier King Charles spaniel named Samantha, to Herman for a diagnosis and treatment of behavioral issues. Herman's treatments have included herbal supplements such as Saint John's Wort and Cerato, a homeopathic pain reliever for what she believes are back and joint issues, an herb called Rhodiola Rosea to help relieve stress, and aromatherapy. Neil says she's seen improvement since treatments began.

Herman has multiple other testimonials on her website, www.ahermandogtherapist.com — endorsements that make her believe she made the right career decision — but says she didn't start out to become an animal communicator.

“My goal, when I was earning my undergrad and master's degrees, was to do organizational psychology,” she says. “I wound up working in an acute-care psychiatric hospital as director of intake and community outreach, assessing incoming patients. That was a wonderful job, but it ended when funding for mental health diminished and the hospital closed.”

An epiphany

After relocating from the East Bay to the Monterey Peninsula 17 years ago, Herman spent some time as a special-needs teacher at Congregation Beth Israel on Carmel Valley Road, then spent several years as a caregiver for both her brother and mother.

Her own connection with the spiritual world lay mostly dormant, Herman says, until she was in her 30s. An epiphany came with the death of her grandmother.

“I'd sit at her bedside and tell her, ‘It's OK to die ... you're not going to hurt anymore ... everybody you love will be waiting for you ...’ It was like a mantra, but it wasn't even a theory of mine. I was just saying things that I thought might comfort her and make her feel less afraid,” she said.

She says she received “a gift” after watching her grandmother draw her final breath.

“Her ethereal body rose up from her body. It was clearly my grandmother, and she was quite beautiful, and she said, ‘You were right,’ referring to all of the things I had been telling her about no more pain, and loved ones waiting,” Herman said. “Very slowly, over the next 20 minutes, that ethereal body dissipated.”

“It changed my life,” she said. “I did not hold that belief about the afterlife or the spiritual world before that.”

She established her \$35-per-half-hour rate to make her services widely affordable, thereby allowing her to help more four-legged clients, Herman says.

“That's a pretty low rate for animal communicators,” she said. “But I don't want price to be in the way of people bringing their dogs in. It's the four-leggeds who are asking for the help, and I want their humans to be able to find me and have access to my services so I can give them that help.”

More information about Herman can be found on her website at ahermandogtherapist.com, or by calling her at (831) 624-8000.

Herbal supplements for back issues and aromatherapy for stress

Chamber's annual membership luncheon June 10

THE CARMEL Chamber of Commerce will host its annual membership lunch Friday, June 10, from 11:30 a.m. to 1:30 p.m., when longtime members will be honored. After being held at Rancho Cañada for many years, the event will take place at Folktale Winery & Vineyards, 8940 Carmel Valley Road in Carmel Valley.

In addition to honoring membership milestones from five to 45-plus years, organizers are offering raffle prizes of themed baskets, with tickets available during the wine recep-

tion before lunch.

Catered by Michael's Catering, lunch will be in the barrel room and will include Castroville artichoke bisque; baby kale and farro salad topped with the diner's choice of salmon, chicken, sliced steak or grilled balsamic vegetables; and assorted petite pies. Folktale will provide the wines.

The cost to attend is \$35 per person before May 31, and \$45 per person thereafter and at the door. For more information and to order, visit www.carmelcalifornia.org.

Animal Non-Profits on the Monterey Peninsula

Animal Friends Rescue Project (AFRP)
(831) 333-0722
www.animalfriendsrescue.org

Annie's Blankets
(831) 295-1680
www.anniesblankets.org

BirchBark Foundation
(831) 462-6004
www.birchbarkfoundation.org

Hope Center
(831) 920-7275
www.hopecentermonterey.com

Monterey Bay Labrador Retriever Rescue
(831)261-3409
www.mbaylabrescue.org

Monterey County Animal Services
(831)769-8850
www.mtyhd.org

Peace of Mind Dog Rescue
(831) 718-9122
www.peaceofminddogrescue.org

Redwings Horse Sanctuary
(831) 386-0135
www.RedwingsHorseSanctuary.org

The SPCA for Monterey County
(831) 373-2631
www.spcamc.org



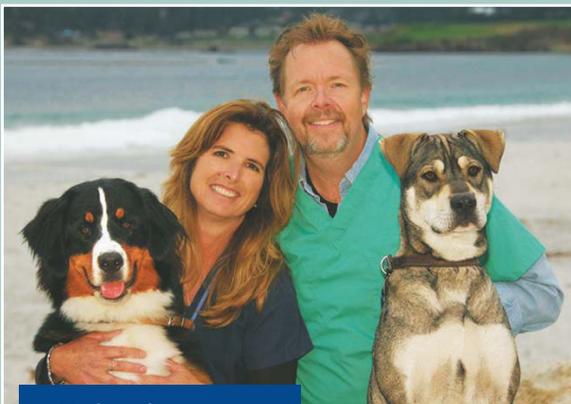
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